



# 21ST ANNUAL BRONX SPRINT MEET

SAT. DECEMBER 6TH, 2025  
AT THE MARK TWAIN POOL

HOSTED BY THE:



**HOT HEATS  
AND PRIZES  
WILL BE  
GIVEN...**



**STARTS [AT] 8:00 AM TEAM AWARDS 1<sup>ST</sup> THROUGH 6<sup>TH</sup> PLACES**

## INVITED TEAMS

APEX SWIM CLUB - BCNY ABBE PANTHERS - BED STUY. Y PIRANHAS  
BGC OF PATERSON/PASSAIC ESCUALOS - BGC OF BOSTON BEARCATS  
CAS STINGRAYS- CARVER TITANS - COMMON POINT QUEENS AQUAFLAMES  
DEEP END AQUATICS CLUB- NEW ROCHELLE Y SAILFISH- NU-FINMEN SC-  
MCBURNEY Y MANTARAYS - RIVERBANK REDTAILS- RI MARLINS - SWIM TECH

PLUS MANY MORE.....



**KIPS BAY  
BOYS & GIRLS CLUB**  
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**THIS WILL BE A METRO SWIMMING  
APPROVED SANCTION EVENT**  
SANCTION #: 251271-AP

# 20<sup>th</sup> Annual Bronx Diversity Sprint Meet

<b>SANCTION:</b>	Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., # [Input sanction number]
<b>LOCATION:</b>	Mark Twain Pool, 160 Woodlawn Avenue, Yonkers, NY, 10704
<b>FACILITY:</b>	25-yard pool with eight 6-foot lanes and non-turbulent lane lines. Colorado Electronic timing system. The competition course has not been certified in accordance with Article 104.2.2C (4). No smoking allowed in the building. Teams are expected to police and maintain their areas on the pool deck. Athletes, parents, and children are restricted to the pool area and spectators' stand and are not authorized to be in any other part of the building.
<b>SESSIONS:</b>	10 & under/ 15 and Over @ 8:00 am Warm Up/ 9:00 am Start 11-12s / 13 & 14s @ 1:00 pm Warm Up/ 2:00 pm Start
<b>FORMAT:</b>	This is a timed final meet. This meet will be deck seeded with coaches checking in/scratching all swimmers 30 minutes prior to the listed start time.
<b>ELIGIBILITY:</b>	Open to all Invited USA Swimming/Metropolitan Swimming Inc. registered and Non-registered USA swimmers. No swimmer will be permitted to compete unless the swimmer is a member of their club as provided in Article 302. No Deck Registrations will be accepted. December 6, 2025 will determine age for the entire meet.
<b>DISABILITY SWIMMERS:</b>	Swimmers with disabilities are encouraged to enter and participate. Please notify the meet director of any accommodations you might require. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
<b>ENTRIES:</b>	(4) individual event/ (1) relay limit per session. U.S. Mail Entries/Payment to: Metro Swim League- 135 Larch Avenue, Bogota, NJ 07603 Email Entries/Confirm Entry Receipt: <a href="mailto:Eddie.Oyola@KipsBay.org">Eddie.Oyola@KipsBay.org</a>
<b>DEADLINE:</b>	Entries must be received by: <b>December 3, 2025</b> An email confirming receipt of entries if you provide an email contact. Please contact the Meet Director if you do not receive such a report within 2 days of your original email.
<b>ENTRY FEE:</b>	<b>An entry fee of \$8.00 per individual event/ \$10.00 Per Relay</b> <b>A \$6 per athlete Surcharge must accompany the entries.</b> Make check payable to: Metro Swim League <b>Payment must be received by the event date for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.</b>
<b>WARM-UP:</b>	Warm-ups will be run under Metro Swimming Warm-up and Safety Guidelines. Warmups will include general warm up lanes and sprint lanes. One Way Sprint lanes must be monitored by the swimmers' coach. All swimmers must enter the pool from the starting end of the pool. One Way sprint lanes will start 20 minutes before the end of the warm ups at the competition end of the pool.
<b>SCRATCHES:</b>	Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual event scratches and which swimmers will not be participating in the session.
<b>COACHES:</b>	In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
<b>AWARDS:</b>	Team Awards: 1 <sup>st</sup> through 6 <sup>th</sup> place trophies Medals: 1 <sup>st</sup> through 3 <sup>rd</sup> / Ribbons are awarded for places 4 <sup>th</sup> through 12 <sup>th</sup> : 8&U, 10&U, 11-12, 13-14, 15 & Over age groups High Point Awards for each Age Group/ Gender: Must Swim All (4) ind. events to score. <b>Awards can only be picked up by a coach during the meet. Any awards not picked up will NOT be mailed.</b>
<b>OFFICIALS:</b>	Meet Referee: Jeanette Miranda - <a href="mailto:jeannettemiranda@gmail.com">jeannettemiranda@gmail.com</a> Officials wishing to volunteer should contact the Meet Referee by December 3, 2024  Eddie Oyola- <a href="mailto:Eddie.Oyola@KipsBay.org">Eddie.Oyola@KipsBay.org</a>

<p><b>ADMIN. OFFICIAL</b></p> <p><b>MEET DIRECTOR:</b></p> <p><b>RULES:</b></p> <p><b>SAFETY:</b></p> <p><b>MAAPP POLICY:</b></p> <p><b>WATER DEPTH:</b></p> <p><b>DISCLAIMER:</b></p> <p><b>AUDIO/VISUAL STATEMENT:</b></p> <p><b>DECK CHANGING:</b></p> <p><b>ADMISSION:</b></p> <p><b>MERCHANTS:</b></p> <p><b>PARKING:</b></p> <p><b>DIRECTIONS:</b></p>	<p>Eddie Oyola- <a href="mailto:Eddie.Oyola@KipsBay.org">Eddie.Oyola@KipsBay.org</a></p> <p>The current USA Swimming Rules and Regulations will apply. The USA Swimming Code of Conduct is in effect for the duration of the meet. The overhead start procedure may be used at the discretion of the meet Referee.</p> <p>Metropolitan Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.</p> <p>Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer's legal guardian, to ensure compliance with this requirement.</p> <p>First Line of response: LG, then campus security and EMS if required.</p> <p>All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.</p> <p>Information about water depth measured for a distance of 3 feet 3-1/2 inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls. 12'6" deep: 1.0 meter from deep/dive end &amp; 8': 5.0 meters from dive end. 3'6" deep: 1.0 meters from shallow/turn end 4'6" deep 5.0 meters from turn end.</p> <p>Upon acceptance of his/her entries, the participant waives all claims against <b>Kips Bay Boys &amp; Girls Club, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives</b> for any injury occurring because of the meet. It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</p> <p>Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present are prohibited.</p> <p>Deck changes are prohibited. Violators will be removed from the meet.</p> <p>Admission Adults \$10.00 for spectators per session. Combo Tickets for both sessions are \$15.00 Children 5 years and under are free  <b>Tickets must be purchased at: <a href="http://kipsbay.ticketleap.com/bvsprint2024/">kipsbay.ticketleap.com/bvsprint2024/</a></b>  Program available on Meet Mobile</p> <p>Food will be sold at the meet.</p> <p>Parking Lot and ample street parking available  <a href="https://maps.app.goo.gl/cJrPXuWqckU9gGhP7">https://maps.app.goo.gl/cJrPXuWqckU9gGhP7</a></p>
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**KIPS BAY  
BOYS & GIRLS CLUB**

**21<sup>st</sup> Annual Bronx Diversity Sprint Meet**

**Saturday December 6, 2025**

**Hosted by: Kips Bay Makos Swim Team**

**@ The Mark Twain Pool**

**160 Woodlawn Avenue, Yonkers, NY 10704**

<u>Event #</u>	<u>Session 1- Events</u> <u>Warm Up 8:00 am / 9:00 am start</u>	<u>Event #</u>
1	8 & Under - 25 Yard Free	2
3	9-10's - 50 Yard Free	4
5	15 & Over - 50 Yard Free	6
7	8 & Under - 25 Yard Fly	8
9	9-10's - 50 Yard Fly	10
11	15 & Over - 50 Yard Fly	12
13	8 & Under - 25 Yard Back	14
15	9-10's - 50 Yard Back	16
17	15 & Over - 50 Yard Back	18
19	8 & Under - 25 Yard Breast	20
21	9-10's - 50 Yard Breast	22
23	15 & Over - 50 Yard Breast	24
25	10 & Under - 200 Free Relay	26
27	15 & Over - 200 Free Relay	28
	<u>Session 2- Events</u> <u>Warm Up 1:00 pm / 2:00 pm start</u>	
29	11-12's - 50 Yard Free	30
31	13- 14's - 50 Yard Free	32
33	11-12's - 50 Yard Fly	34
35	13- 14's - 50 Yard Fly	36
37	11-12's - 50 Yard Back	38
39	13- 14's - 50 Yard Back	40
41	11-12's - 50 Yard Breast	42
43	13- 14's - 50 Yard Breast	44
45	11 & 12's - 200 Free Relay	46
47	13 & 14's - 200 Free Relay	48



## Metropolitan Swimming Photographer Registration Form

All Metropolitan Swimming Teams need to include this in the meet information packet. Please file this form with the Safety Sport Coordinator prior to the start of the meet.

This form must be completed by any photographer (video or still) who intends to take pictures at a Metropolitan Swimming sanctioned meet and is taking those pictures of anyone other than his or her own child from any location on deck. Submit the form to the Meet Director prior to commencing activity.

**THERE WILL BE NO FLASH PHOTOGRAPHY PERMITTED AT THE START.**

Name \_\_\_\_\_

Phone Number \_\_\_\_\_

Government ID (driver's license preferred) or USA Swimming Registration Card:

Type of ID \_\_\_\_\_ # \_\_\_\_\_

Taking photos of \_\_\_\_\_

On behalf of \_\_\_\_\_

Purpose \_\_\_\_\_

Professional photographers/videographers will be allowed on deck at the discretion of the Meet Director and Meet Referee and must adhere to the following guidelines:

Do not stand on the starting end of the pool, or in the starter's box; use of the bulkhead is at the discretion of the Meet Director and Meet Referee.

Do not stand on the edge of the pool (leave approximately two feet for officials and coaches).

Leave the deck when not actively photographing.

Respond immediately to direction from the Meet Referee.

Signature \_\_\_\_\_ Today's Date \_\_\_\_\_

Meet \_\_\_\_\_ Location \_\_\_\_\_

Date(s) of meet \_\_\_\_\_ last updated 11/2/2022